

WBCSD

Covid-19 Safety Plan

FACE COVERINGS:

- Coaches, athletes and spectators are encouraged to wear face coverings unless they are outdoors and can consistently maintain social distancing of at least 3 feet. Athletes are not required to wear face coverings while actively engaged in workouts and competition that prevent the wearing of face coverings, but must wear face coverings when on the sidelines, dugout etc. and anytime 3 feet of social distancing is not possible.

STUDENT ATHLETES/COACHES WHO TEST POSITIVE FOR COVID -19

- Follow (MSDH) Health & Safety Procedures for students and staff.

KEY PRINCIPLES:

- Educating students and staff on health and safety protocols.
- Monitoring developments with governing bodies and adjusting our plan as new information becomes available.
- Hygiene - Hand washing/sanitizing will be emphasized before, during, and after activities.
- Cleaning and sanitation - Routine and enhanced cleaning and sanitation measures will be implemented by staff.
- Safe access to facilities - Facility entry and exit points will be coordinated to minimize personal interaction and facilitate social distancing.
- Screening Procedures for students and staff - Daily symptom and temperature screening assessment will be required of students and staff.
- All students must have a COVID-19 Pre-Screening form on file to participate.
- Students and staff will follow the protocols in place to ensure maximum safety for all.

DISINFECTION & SANITIZATION

- Athletic facilities and equipment will be disinfected and sanitized before, during, and after work out sessions.
- Spray bottles and disposable wipes will be in close proximity to all workout stations.
- All sports balls and equipment used during the sport specific skill training will be sanitized after each session.
- Hand sanitizer will be provided in multiple locations (indoor and outdoor). Students and staff will use hand sanitizer before, during, and after each workout session.
- Students are required to wash hands or sanitize hands after exiting the restroom.

SAFETY

- Coaches, athletes and spectators are encouraged to wear face coverings unless they are outdoors and can consistently maintain social distancing of at least 3 feet. Athletes are not required to wear face coverings while

actively engaged in workouts and competition, but they are encouraged to wear face coverings when on the sidelines, in the dugout (etc.), and anytime 3 feet of social distancing is not possible.

- Masks/face coverings will be used as much as possible when not working out (IE: When entering the facilities, walking through the halls, using the restroom, in the dugout etc). Gloves, masks and eye protection regulations may be adjusted based upon mandated local/state governing bodies. (This applies to both students and staff)
- Students shall not share wearable equipment with other students without it being sanitized. (batting helmets etc.).
- Students will bring their own water. Student are discouraged from sharing food or water.
- Each student will be encouraged to bring their own water bottles water fountain and filling stations usage is permissible only for filling the bottles.
- Students are prohibited from chewing gum, eating sunflower seeds, spitting or licking fingers during workouts.
- All workout stations shall be at least 3 feet apart (weight room and turf field), depending upon which phase we are operating in.
- Students and staff will remain 3 ft apart as much as possible when exercising with the only exception being for safety reasons (spotting, etc).
- Dependent upon the phase, indoor activities and spaces including locker rooms are permitted.

STUDENTS/COACH/STAFF CHECK IN PROCEDURES

- COVID-19 Daily Screenings
- All coaches have been vaccinated and coaches and students will be screened for signs/symptoms of COVID-19 prior to athletic activity. The screenings could include a verbal, written, and/or electronic questionnaire and a temperature check.
- Responses to screening questions for each person are to be recorded and stored for contact tracing purposes.
- Any person with positive symptoms reported will not be allowed to take part in workouts and are to contact his or her primary care provider or other appropriate health-care professional and notify district administration (Athletic Director or Principal). A clearance will be required to return to play.

COVID-19 SYMPTOMS, TESTING & MANAGEMENT

Students and staff who appear to have symptoms or who become sick during the day will be immediately separated from other students, staff and instructed to return home. A symptomatic student will be managed as a presumptive COVID-19 positive and all precautions will remain in place until testing confirmation is received. Students who are presumed or confirmed COVID-19 positive cannot report to campus until cleared to do so by meeting the criteria listed below:

- 1) Resolution of fever without the use of fever-reducing medications AND Improvement in respiratory symptoms (e.g., cough, shortness of breath), AND
- 2) Negative results of an FDA Emergency Use Authorized COVID-19 test. OR
- 3) The student is symptom free for 72 hours without the use of medication, and at least 7-10 days have passed since symptoms first appeared.

Positive Test Confirmed: If a student tests positive for COVID-19, they are to self-isolate for 7-10 days from onset of symptoms AND 72 hours of being symptom free without medications. Students must obtain a clearance note

from their doctor prior to returning to workouts. If a student has been in close contact with someone who has tested positive for COVID-19 or has a family member that lives with them that has tested positive for COVID -19: 1). The student should inform Coaching Staff or administrators and quarantine for 7-10 days. The staff will notify students who may have been exposed to COVID-19 and provide guidance. Fellow students may be sent home to self-quarantine for at least 7 days or until a confirmed negative test result is received.

ENTERING AND EXITING FACILITIES

- A detailed plan specific to each facility in regards to entering and exiting the facility will be shared by each coach to parents and students. Drop off and pick up locations will also be included in this communication.
- A hand sanitizing station will be set up at the facility's screening checkpoint where all students must sanitize their hands prior to entry/re-entry into the facility.
- Students will honor social distancing when entering the facility.
- Non-essential personnel (parents, siblings, etc.) will not be allowed to watch workout and practice sessions. This will follow the guidelines to limit the number of people inside and outside of each facility.
- Those dropping off and picking up students will need to stay in their vehicles.

LIMITATIONS ON GATHERINGS

- Gathering of more than (10) individuals per group, including staff, per practice area. Subject to change as per state guidelines.
- Social Distancing should be applied during practices and in and gathering areas.

WORKOUT GROUPS

- Student Athletes should, when possible, remain with their cohort during athletic activities.

TRANSPORTATION

Modifications for student/coach transportation to and from athletic events will include:

- We will monitor team and coaching staff sizes to best balance and assign transportation methods that align with our social distancing protocols.
- All athletes/coaches will wear face masks & drivers will wear face shields.
- Using hand sanitizer upon boarding a bus/van