



West Bolivar Consolidated School District

Practice and Game Day 2020 PLAN

- **ANYONE WHO WANTS TO TRYOUTS FOR BASKETBALL (GIRLS AND BOYS) MUST BE COMPLETELY REGISTERED IN DRAGONFLY**
- To be cleared for participation in West Bolivar Consolidated School District, basketball players must agree to complete a health screening questionnaire. If any participant does not meet the criteria to safely participate, the player and parent must voluntarily sit out of a scheduled activity until all of the evaluation criteria are met. **(This is the checklist we used this summer that recorded temp readings and etc)**
- Any absences from the practices must be documented with a reason for the missed practice, regardless of the reason for the absence.

Cleaning Procedures

- All facilities will be stocked with cleaning supplies.
- The coaches are responsible for wiping down common areas; High-touched areas are cleaned prior to, and during events
- High touch areas include the bench/seating area, game ball, entry/exit door handles, etc.
- For games, the scoreboard console and scoring table must be wiped down between games.
- All West Bolivar Consolidated School District, MHSAA, CDC, and State of Mississippi guidelines will be followed.

General Guidelines

- Players will be monitored for COVID-19 symptoms with temperature checks upon entering the bus or gymnasium.
 - Parents will be notified immediately so the student athletes can be sent home and protocol can be followed if symptoms are shown.

- Symptoms- fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea
- When practice resumes, there will be no access to the locker rooms. Locker rooms will be locked!
- Players will report to the gym at scheduled practice time. Workouts will be Monday- Friday and some Saturdays each week.
- Players will be split into smaller groups so that we can better manage the amount of contact between players.
- There will be NO spectators allowed at tryouts or practice.
- Practice will be held at Ray Brooks Gymnasium in Benoit.
- Athletes and drivers must be socially distance and wear mask on the bus to and from practice.
- Drivers and athletes will have temperature checks before each practice and game. Temperatures will be logged in and maintained.
- Male and female athletes will be transported on separated buses.
- A COVID-19 test will be required prior to tryouts for this basketball season.
- During the season, players may be tested once a week.

Game Day Procedures

- Participants may not enter the building sooner than 45 minutes prior to the start of the game.
- The Coach will ensure that the gym is cleared prior to the teams entering the facility.
- Participants will proceed directly into the gym and check in with their team's Coach.
- All participants must wear a mask when entering and exiting the building, and when travelling to and from the restrooms.
- Coaches, Assistant Coaches, and Spectators must wear a mask at all times.

- Where possible, seating in the bench areas will be set up so that players sit 6' apart.
- Players must wear their masks when seated in the bench area (when they are not in the game).
- Players are to bring water bottles (WATER ONLY) to the gyms.
- Use of the water fountains will not be permitted.
- WATER ONLY.
- Players will NOT be permitted to bring in any other food or beverages.
- Players will be given a designated area to put their water bottle, jackets, and equipment bag.
- Coaches and players are required to be tested after away games.
- If a meal is needed after an away game, a sack meal will be provided. (No Stopping).
- Two spectators per each player for game attendance, tickets will be sold in office prior to the game.
- No cheerleaders.
- No visiting spectators will be allowed in games.
- In addition to the WBCSD essential participants and limited fans, only the Athletic Coordinator, Assistant principals, Principals, Superintendent, and Board Members will be allowed to enter.
- Teams will sit on opposite sidelines during games as opposed to sitting on the same sideline.
- All visitors' temperatures will be taken at the at the door.
- No exceptions will be made for State Pass holders.
- Clock and score keeper will be in bleachers or on stage.
- Players' seats will be sanitized before and after games. Players will sit in the same seat for the duration of the game.
- Both locker rooms will be sanitized and locked up after each game.

Practice Procedure

- During weight lifting stations, each player will stay at that station until that muscle workout is complete. **Ex. Player 1 will stay on the bench until all sets are complete. That player will then sanitize his hands and the station and move to the next station where the previous player will have sanitized his hands and station. Low weight/high reps will be done so that no spotter is needed. Coaches will monitor all weight stations.**
- Players will enter through the side entrance door by the locker room and sanitation station.
- Masks must be worn upon entering the gymnasium.
- Players must provide their own water bottle, towel, and must be dressed in their workout clothes when they arrive to the gym. These items will be taken home daily.
 - NO SHARING OF WATER BOTTLE, OR TOWEL WITH ANY OTHER ATHLETE.
 - NO PLAYER WILL BE ALLOWED TO CHANGE CLOTHES IN THE GYM. Locker rooms will be locked during practice
- The coach will make sure everything is sanitized each day before athletes arrive and when athletes leave.
 - Players will have their own basketballs (provided by coach)
 - No sharing of basketball or chairs at any time.
- Sanitation stations will be located on the outside of each locker room.

Mask Requirements

- All participants, spectators and officials are required to wear a mask when entering and exiting the building.
- All game spectators are required to wear a mask at all times when inside the facility.
- All spectators must maintain a social distance of 6'.
- All coaches and assistant coaches are required to wear a mask at all times inside the building, and outside the building when in close contact (less than 10') from a player.

- All officials will be required to wear a mask when entering and exiting a building, and during the pre-game interactions with players, coaches and the scoring table
- The Game Administrator reserves the right to remove a participant or spectator from the building who are not following the mask requirement

Facility Restrictions

- Use of water fountains is prohibited
- Participants are encouraged to limit the use of the restrooms while at the facility.
- Parents should encourage the players to use the restroom before going to practice to try and limit the need to use the restrooms at the facilities
- All spectators will be required to maintain social distancing between families.

COVID-19 Return to Activity Guidelines

The state of Mississippi and local municipalities are progressively decreasing restrictions on gatherings and business openings. With those changes in mind, MHSAA schools and communities are focusing on opportunities for a return to activity during the summer months.

It must be acknowledged that until a vaccine or effective treatment is developed, there is no way to completely eliminate the spread of COVID-19, including the possibility of fatal infection for at-risk individuals. All school administrators, coaches, parents/guardians and students must keep these facts in mind when making return to activity plans.

Local municipalities may put more stringent restrictions in place for crowd size and other preventative measures. Before organized at-school activity may resume, athletic directors and coaches must per these guidelines:

Confirm with their school district administrators that a specific school facility is open and available for use by coaches and students

Be familiar with any local restrictions in place at the aforementioned facility

We recognize this is an evolving situation and these recommendations should be viewed as a first step towards a full return to activity. Updated and additional recommendations will be forthcoming as new information develops over the next 4-6 weeks.

General Recommendations:

Summer activities should focus, in order, on acclimatization, reintroduction to high level exercise and training in sport-specific activities. All activity resumption must follow national, state, local and MHSAA Covid-19 guidelines. Please note these guidelines may be subject to frequent change. It is the organizing coach's responsibility to monitor and follow these guidelines.

No student shall be punished or restricted from participation in future and/or current activities due to non-participation in offseason activities as a result of parental/guardian restrictions or personal/medical reasons. School districts, athletic directors and coaches must recognize each student has different circumstances that may create an unreasonable risk for him or her to participate.

Distance or virtual workouts and summer development programs remain highly encouraged as this method continues to be the safest way to protect both students and staff during this time of transition.

Due to group size restrictions and individual risk factors precluding some athletes from participating at this time, we recommend delaying the resumption of team tryouts until the start of the 2020-21 school year. Tryouts must follow established MHSAA guidelines.

A copy of the layout of practice is included.

