

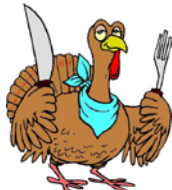
*WEST BOLIVAR CONSOLIDATE SCHOOL DISTRICT
CHILD NUTRITION
SCHOOL LUNCH MENU*

NOVEMBER 2016

Grades K-12

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
	1 Managers Choice	3 Managers Choice	3 Managers Choice	4 Managers Choice
7 Hot Dog Chef Salad Corn on Cob WG Chip Variety Fresh Veggies Fruit Cup Fresh Fruit Variety Lowfat Milk	8 Beef-a-Roni Chef Salad Steamed Cabbage Peas & Carrots Fruit Cup Fresh Fruit Cornbread Variety Lowfat Milk	9 Fajita Wrap Chef Salad Broccoli w/Cheese Whole Kernel Corn Fresh Veggies Fruit Cup Fresh Fruit Variety Lowfat Milk	10 Baked Catfish Chef Salad Spaghetti Green Beans Fresh Veggies Pear Halves Fresh Fruit Garlic Bread Variety Lowfat Milk	11 Turkey & Cheese on Bun Tuna Salad French Fries Baked Beans Fresh Veggies Fruit Cup Fruit Juice Variety Lowfat Milk
14 Chicken Sandwich Chef Salad Potato Rounds Cut Green Beans Fresh Veggies Pineapple Chunks Fresh Fruit Variety Lowfat Milk	15 Pepperoni Pizza Chef Salad Seasoned Lima Beans Spicy Fries Fresh Veggies Fruit Cup Fresh Fruit Variety Lowfat Milk	16 <u>Thanksgiving Dinner</u> Turkey Dressing w/Gravy Green Beans Sweet Potato Casserole Cranberry Sauce Fruit Cup Yeast Rolls Variety Lowfat Milk	17 Chilli Beans Chef Salad Quick Baked Potato Whole Kernel Corn Raw Veggies Fruit Cup Fresh Fruit Saltine Crackers Variety Lowfat Milk	18 Cheese Burger w/Trimming Chef Salad Cheesy Broccoli French Fries Fresh Veggies Fruit Cup Fresh Fruit Chocolate Chip Cookie Variety Lowfat Milk
21 Thanksgiving Break	22 Thanksgiving Break	23 Thanksgiving Break	24 	25 Thanksgiving Break
28 Hamburger on Bun Chef Salad Baked Beans Potato Wedges Fresh Veggies Fruit Cocktails Fresh Fruit Fruit Juice Variety Lowfat Milk	29 Chicken Nuggets Chef Salad Mashed Potatoes/Gravy Green Beans Fresh Veggies Fruit Cup Fresh Fruit Whole Wheat roll Variety Lowfat Milk	30 Lasagna Chef Salad Whole Kernel Corn Mustard Greens Fresh Veggies Fruit Cup Fresh Fruit Cornbread Variety Lowfat Milk		

NOVEMBER 2016 BREAKFAST MENU

1 Cereal Banana Bread Fresh Fruit Fruit Juice Variety Milk	2 Egg Omelet Hash Brown Chilled Pineapples Fruit Juice Variety Milk	3 Sausage & Biscuit Fresh Fruit Fruit Juice Variety Milk	4 Cereal Muffin Fresh Fruit Fruit Juice Variety Milk
7 Froot Loops Chilled Peaches Muffin Loaf Variety Milk	8 Sausage & Biscuit Pear Halves Fruit Juice Variety Milk	9 Breakfast Pizza Banana Fruit Juice Variety Milk	10 Cereal Pop Tart Fresh Fruit Fruit Juice Variety Milk
14 Sausage & Biscuit Pear Halves Fruit Juice Variety Milk	15 Banana Bread Ham Slice Fresh Fruit Variety Milk	16 Cereal Muffin Fresh Fruit Fruit Juice Variety Milk	17 Chicken Biscuit Pear Slices Fruit Juice Variety Milk
21 Thanksgiving Break	22 Thanksgiving Break	23 Thanksgiving Break	24 
28 Cereal Muffin Fresh Fruit Fruit Juice Variety Milk	26 Pancakes/Syrup Sausage Fresh Fruit Fruit Juice Variety Milk	30 Scrambled Eggs Hash Brown Toast Fresh Fruit Variety Milk	

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Menus are subject to change